

## Facility

### About Halyburton Park

Halyburton Park Nature Preserve is a 58-acre tract of land that is 70% undeveloped, with a handicap accessible 1.3 mile hike/bike trail circling the perimeter of the park. Fitness classes are held in the Events Center, which consists of a large, open room with hardwood floors and a beautiful view of the park from the back windows.



## Information



Please note:

\*You are only allowed to make-up two missed classes. If staff cancels class, a makeup class will be scheduled.

\*Pre-registration is required for all programs. Each class is 50 minutes unless otherwise noted. Classes are for all levels unless otherwise indicated. Please bring a yoga mat, towel and water.

## HALYBURTON PARK FITNESS CLASSES

Spring/Summer  
2015



Space is limited, so register early!

Halyburton Park  
City of Wilmington  
4099 S. 17th Street  
Wilmington, NC 28412  
[www.wilmingtonnc.gov](http://www.wilmingtonnc.gov)  
341-0075 phone  
794-6003 fax

## Fitness Schedule

### SPRING

#### PILATES

**Wednesday Mar 25 – May 27 6 pm**

\$75.00/person for 10 week session

Instructor: Ellen Longenecker

**Thursday Mar 26 – May 28 6 pm**

\$75.00/person for 10 week session

Instructor: Ellen Longenecker

#### YOGA

**Tuesday Mar 24 – May 26 6 pm**

\$75.00/person for 10 week session

Instructor: AmberLynn Pappas

**Tuesday Mar 24-May 26 7pm**

\$75.00/person for 10 week session

Instructor: AmberLynn Pappas

**Wednesday Mar 25 – May 27 9 am**

\$75.00/person for 10 week session

Instructor: Ellen Longenecker

**Wednesday Mar 25 – May 27 7 pm**

\$75.00/person for 10 week session

Instructor: Ellen Longenecker

**Thursday Mar 26 – May 28 7 pm**

\$75.00/person for 10 week session

Instructor: Meghan Osborne

**Friday Mar 27 – May 29 9 am**

\*No class April 3

\$67.50/person for 9 week session

Instructor: Meghan Osborne

### SUMMER

#### PILATES

**Monday Jun 1 – Aug 3 6 pm**

\$75.00/person for 10 week session

Instructor: Ellen Longenecker

**Thursday Jun 4 – Aug 6 6 pm**

\$75.00/person for 10 week session

Instructor: Ellen Longenecker

#### YOGA

**Monday Jun 1 – Aug 3 7 pm**

\$75.00/person for 10 week session

Instructor: Ellen Longenecker

**Tuesday Jun 2 – Aug 4 6 pm**

\$75.00/person for 10 week session

Instructor: AmberLynn Pappas

**Tuesday Jun 2 – Aug 4 7 pm**

\$75.00/person for 10 week session

Instructor: AmberLynn Pappas

**Wednesday Jun 3 – Aug 5 9 am**

\$75.00/person for 10 week session

Instructor: Ellen Longenecker

**Thursday Jun 4 – Aug 6 7 pm**

\$75.00/person for 10 week session

Instructor: Meghan Osborne

**Friday Jun 5 – Aug 7 9 am**

\$75.00/person for 10 week session

Instructor: Meghan Osborne

## Registration

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

**Emergency Contact (Name/phone):** \_\_\_\_\_

**Medical Restriction(s):** \_\_\_\_\_

**How did you hear about our Programs?** \_\_\_\_\_

**Program (Please list):**

\_\_\_\_\_ **Day:** \_\_\_\_\_ **Time:** \_\_\_\_\_

\_\_\_\_\_ **Day:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Remember \$5 discount if you register for more than one class.**

**Cost:** \_\_\_\_\_

### FOR OFFICE USE

**Please indicate method of payment.**

*Check#* \_\_\_\_\_ *Date Rec.* \_\_\_\_\_

*Cash Date Rec.* \_\_\_\_\_

*Credit Card (paid at park on \_\_\_\_\_date)*

2015 Waiver on file: Yes No

Please make checks payable to:

City of Wilmington

Fax registration forms to 794-6003 or mail

Halyburton Park, 4099 S. 17th

Wilmington, NC 28412

**Questions, please call 341-0075**